

# WHAT YOU NEED TO DO



1

**STAY HOME**  
if you're sick



2

**REGISTER**  
ahead of time



3

**WEAR**  
**A MASK**



4

**6 FEET**  
**APART**



5

**NO KISS**  
**OF PEACE**



6

**NO**  
**SINGING**

*"I pray that we see courage, kindness, and selfless acts of love that foster community, help the needy, and encourage everyone to grow stronger in their faith and relationship with Jesus Christ. This is what it means to be Catholic."*

*– Archbishop Paul D. Etienne*



# CHANGES YOU'LL SEE



1

**PHYSICAL  
DISTANCING**



2

**NO  
PROCESSIONS**



3

**NO PASSED  
BASKETS**



4

**NO HOLY WATER  
OR INCENSE**



5

**NO CUP**



6

**COMMUNION  
IN THE HAND  
AT THE END**



7

**DISMISSED ONE  
ROW AT A TIME**

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*– Archbishop Paul D. Etienne*





## Required Self-Screening for Mass Attendance

*Before signing up to attend Mass, please answer the following questions:*

*In the last 14 days, have you:*

- Traveled internationally?
- Been exposed** to a person with suspected or confirmed COVID-19, without the correct personal protective equipment?
- Had a **temperature** at least 100.0°F?
- Had new or increased **shortness of breath**, or **difficulty breathing**?
- Had a new **cough**?
- Had **at least two** of the following symptoms together:
  - Chills*
  - Muscle pain*
  - Headache*
  - Sore throat*
  - New loss of taste or smell*

If you answer **YES** to any (yes, even just one!) of these, **please do not sign up** or come to Mass. This is required by the State of Washington, and of course you would not want to unknowingly spread the virus to your fellow parishioners. You can still participate in Mass online.

*Please do not jeopardize our ability to have public Masses; our Lord is counting on you!*