

# 1<sup>st</sup> Sunday of Lent

## ENTRANCE ANTIPHON

*When he calls on me, I will answer him;  
I will deliver him and give him glory,  
I will grant him length of days.*

## PENITENTIAL ACT

*I confess to almighty God  
and to you, my brothers and sisters,  
that I have greatly sinned  
in my thoughts and in my words,  
in what I have done  
and in what I have failed to do,  
And, striking their breast, they say:  
through my fault,  
through my fault,  
Then they continue:  
through my most grievous fault;  
therefore I ask blessed Mary ever-Virgin,  
all the Angels and Saints,  
and you, my brothers and sisters,  
to pray for me to the Lord our God.*

## COLLECT

**GLORIA ~ Omitted**

## THE LITURGY OF THE WORD

### FIRST READING:

Gn 9: 8-15

God said to Noah and to his sons with him:  
“See, I am now establishing my covenant with you  
and your descendants after you and with every  
living creature that was with you: all the birds, and  
the various tame and wild animals that were with  
you and came out of the ark.

I will establish my covenant with you, that never  
again shall all bodily creatures be destroyed by the  
waters of a flood; there shall not be another flood  
to devastate the earth.”

God added:

“This is the sign that I am giving for all ages to come,  
of the covenant between me and you and every living  
creature with you: I set my bow in the clouds to serve  
as a sign of the covenant between me and the earth.  
When I bring clouds over the earth, and the bow  
appears in the clouds, I will recall the covenant I have  
made between me and you and all living beings, so that  
the waters shall never again become a flood to destroy  
all mortal beings.”

RESPONSORIAL PSALM

Ps 25

**R/Your ways, O Lord, are love and truth to those who keep your covenant.**

*Your ways, O LORD, make known to me;  
teach me your paths,  
Guide me in your truth and teach me,  
for you are God my savior.*

**R.**  
*Remember that your compassion, O LORD,  
and your love are from of old.  
In your kindness remember me,  
because of your goodness, O LORD.*

**R.**  
*Good and upright is the LORD,  
thus he shows sinners the way.  
He guides the humble to justice,  
and he teaches the humble his way.*

**R.**

**SECOND READING:**

I Pt 3: 18-22

Beloved:

Christ suffered for sins once, the righteous for the sake of the unrighteous, that he might lead you to God. Put to death in the flesh, he was brought to life in the Spirit. In it he also went to preach to the spirits in prison, who had once been disobedient while God patiently waited in the days of Noah during the building of the ark, in which a few persons, eight in all, were saved through water. This prefigured baptism, which saves you now. It is not a removal of dirt from the body but an appeal to God for a clear conscience, through the resurrection of Jesus Christ, who has gone into heaven and is at the right hand of God, with angels, authorities, and powers subject to him.

**GOSPEL ACCLAMATION**

One does not live on bread alone, but on every word that comes forth from the mouth of God.

**GOSPEL**

Mk 1: 12-15

The Spirit drove Jesus out into the desert, and he remained in the desert for forty days, tempted by Satan. He was among wild beasts, and the angels ministered to him. After John had been arrested, Jesus came to Galilee proclaiming the gospel of God: "This is the time of fulfillment. The kingdom of God is at hand. Repent, and believe in the gospel."

**HOMILY**

## CREED

*I believe in one God,  
the Father almighty,  
maker of heaven and earth,  
of all things visible and invisible.  
I believe in one Lord Jesus Christ,  
the Only Begotten Son of God,  
born of the Father before all ages.  
God from God, Light from Light,  
true God from true God,  
begotten, not made, consubstantial with the Father;  
through him all things were made.  
For us men and for our salvation  
he came down from heaven,  
    *at the words that follow, up to and including*  
    *and became man, all bow.*  
and by the Holy Spirit was incarnate of the Virgin Mary,  
and became man.  
For our sake he was crucified under Pontius Pilate,  
he suffered death and was buried,  
and rose again on the third day  
in accordance with the Scriptures.  
He ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory  
to judge the living and the dead  
and his kingdom will have no end.  
I believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is adored and glorified,  
who has spoken through the prophets.  
I believe in one, holy, catholic and apostolic Church.  
I confess one Baptism for the forgiveness of sins  
and I look forward to the resurrection of the dead  
and the life of the world to come. Amen.*

## PRAYER OF THE FAITHFUL

### THE LITURGY OF THE EUCHARIST

#### SPIRITUAL ACT OF COMMUNION

*My Jesus,  
I believe that You are present in the Most Holy Sacrament.  
I love You above all things,  
and I desire to receive You into my soul.  
Since I cannot at this moment receive You sacramentally,  
come at least spiritually into my heart.  
I embrace You as if You were already there  
and unite myself wholly to You.  
Never permit me to be separated from You.  
Amen.*

#### PRAYER AFTER COMMUNION

#### BLESSING AND DISMISSAL

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