

Prayers

Our Father

Our Father, Who art in Heaven,
hallowed be Thy name;
Thy Kingdom come, Thy will be done
on earth as it is in Heaven.

Give us this day our daily bread;
and forgive us our trespasses
as we forgive those who trespass
against us; and lead us not into
temptation, but deliver us from evil.

Amen.

St. Michael's Prayer

St. Michael the Archangel, defend us
in battle; be our safeguard against
the wickedness and snares of the devil.

May God rebuke him, we humbly pray;
and do thou, O prince of the heavenly
host, by the power of God,
cast into hell Satan and all the evil spirits
who prowl about the world,
seeking the ruin of souls.

Amen.

Hail Mary

Hail Mary, full of grace.
The Lord is with you.
Blessed are you among women,
and blessed is the fruit of your womb,
Jesus.

Holy Mary, Mother of God,
pray for us sinners,
now and at the hour of our death.

Amen.

Glory Be

Glory be to the Father, to the Son,
and to the Holy Spirit,

As it was in the beginning, is now
and ever shall be,

World without end.

Amen.

The Nicene Creed

I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.

I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made,
consubstantial with the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven,
and by the Holy Spirit
was incarnate of the Virgin Mary,
and became man.
For our sake he was crucified
under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven
and is seated at the right hand
of the Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.

I believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father
and the Son,
who with the Father and the Son
is adored and glorified,
who has spoken through the prophets.

I believe in one, holy, catholic,
and apostolic Church.
I confess one Baptism
for the forgiveness of sins
and I look forward to
the resurrection of the dead
and the life of the world to come.
Amen.

Act of Contrition

My God, I am sorry for my sins
with all my heart.

In choosing to do wrong
and failing to do good,
I have sinned against you
whom I should love above all things.

I firmly intend, with your help,
to do penance, to sin no more,
and to avoid whatever leads me to sin.
Amen.